



Letter for health professionals

This letter is designed for you to complete and take along to an appointment with a health professional. The information will assist the health professional to provide you with the personalised high-quality care you deserve.

If there are questions you don't wish to answer, you can leave them blank. You can add any other information that you think may be useful or relevant to your care.

If you would like to consider testing for sexually transmissible infections (STIs) and blood-borne viruses (BBVs), you can also complete the sexual safety quiz and take the results to your health professional. The quiz is available at embraceu.shq.org.au

Date: _____

Dear Health Professional,

I would like to give you some important information to help you care for me.

My preferred name is: _____

My last name is: _____ My date of birth is: _____

My gender is: _____ My pronouns are: _____

The name for me on my Medicare card is: _____

The gender on my first birth certificate was: _____

The words I use to describe my body are listed here:



Front



Back

What I would like to talk to you about today: _____

What I also hope to talk to you about at a later time: _____

Basic medical information

Current or past medical problems: _____

Allergies: _____

If using hormones, this is what I take: _____

Other medicines I take: _____

If I've had gender affirming surgery, this is what I have had: _____

Number of sexual partners in the last 6 months: _____

My last STI/BBV test was (when): _____

Other information that may be relevant to my care: _____

If you are thinking of having tests for STIs or BBVs, there is an attached resource for health professionals. This will help them decide what tests to offer you, and is not intended for patients to use on their own. Please give this to your health professional along with your letter.

<p>Serology</p>	<p>When the patient with a penis engages in any of the following:</p> <ul style="list-style-type: none"> -Oral sex of any kind -Deep kissing -Cunnilingus -Anilingus -Insertive vaginal/fronthole sex -Insertive anal sex -Receptive anal sex <p>When the patient with a vagina/fronthole engages in any of the following:</p> <ul style="list-style-type: none"> -Oral sex of any kind -Deep kissing -Cunnilingus -Anilingus -Receptive vaginal/fronthole sex 	<ul style="list-style-type: none"> -HIV (only if previously negative) -Syphilis -Hepatitis A IgG EIA (if not previously immune) -Hepatitis B surface antigen + antibody (if not previously immune) -Hepatitis C antibody (RNA only if previously had Hepatitis C)
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There is useful information on these websites:

- embraceu.shq.org.au
- sti.guidelines.org.au
- ww2.health.wa.gov.au/Silver-book
- transhub.org.au/clinicians

The transhub website includes information re: Getting Started, Creating Welcoming Environments, Hormones, Surgical Affirmation, Mental Health, Sexual Health, Fertility and Reproductive Health and Sexual Assault.